



## Moving into a New Paradigm

Many people are astutely aware of the breaking down of the current paradigm. This paradigm is one based on the structure of the Industrial Revolution. Our school systems, work environments, health care, agricultural processes, institutionalized religion, consumerism and disintegration of family life are all reflections of the historical approach to industrialization.

For decades now, we have been moving into the new paradigm that is enabled by information technology. This birth occurred, however, within the constraints of the established methods to feed the machine of industrialism. In order for the positive expression of the technology age to appear, we must move into the new paradigm that it can lead us to.

The new paradigm embraces conscious community, spiritual awareness, connection to nature, environmental stewardship, integrative health care and personal responsibility. To successfully move into this new paradigm, we must leave the old paradigm behind. Trying to integrate these changes within the old structure is akin to Sisyphus and the futility of his labor.



*“Conditional self-approval and self-rejection are powerful mechanisms of self-control: the application of psychological force upon oneself. We are deeply conditioned to it; it is perhaps the most fundamental of what I will call the “habits of separation.” So conditioned, we are also vulnerable to any authority figure or government that can take over the role of parent: the arbiter of good and bad, the grantor or withholder of approval.”*  
Charles Eisenstein in *The More Beautiful World Our Hearts Know is Possible*

“What does this have to do with me?” you might ask. The quote above by Charles Eisenstein describes beautifully the task that is before us. Through many of the exercises in the Seasons Program, we will be opening our eyes to a different world view that leads us into the new paradigm. Shedding old conditioning is the only way to escape the Sisyphian experience of life.



Discovering an empowering perspective within a group context strengthens our resolve in overcoming the old habits. Experiencing this internal change in the company of others who are equally committed provides inestimable value towards success. New patterns emerge as we free ourselves from the old. Once again, Charles Eisenstein says it beautifully:

*“The more people who have stepped into gratitude, generosity, and trust and left some amount of fear-based thinking behind, the more receptive the sociopolitical climate will be to radical reform, which will embody the values of interbeing. And the more our systems change to embody these values, the easier it will be for people to make the personal transition.”*

**Contact Amy to schedule your *free* Application Interview during the month of August.**

**The Seasons Program is from September 2022 - August 2023.**

**Contact Amy**

Since her early teens, Amy has been determined to forge her own path away from the conventional crowds. She has repeatedly chosen to live her life based on *Service without*



*Sacrifice*. Her quest for freedom and personal empowerment led her to sharing her discoveries and experiences with others professionally since 1984.

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As a linguist, generalist and avid researcher, Yo'el has formed a broad understanding of humanity and the cultural contexts that influence our perspectives. This knowledge will guide our students through some of the transformational aspects of the Seasons program.

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