



A Course in Miracles

A Course in Miracles is a spiritual practice that provides practical tools for attaining peace of mind. As you study this material you will find that you are able to be more fully present in life. Pain from the past will begin to fade away. Fear of the future will diminish. Life will flow more smoothly as you apply these concepts to everyday challenges.

We will spend each week discussing different sections from *Gifts from A Course in Miracles* by **Frances Vaughan Ph.D. and Roger Walsh M.D., Ph.D.** The sections come directly from the original *A Course in Miracles* and are arranged for easy reading.

Please purchase the book ahead of time. We will be starting with **Section 6 of A Gift of Peace (beginning on page 159)**. To purchase the book go to the Sugi store at <http://www.sugihealth.com/store.html> or to your local bookstore.

Everyone is welcome in this class. No previous experience necessary.

Wednesdays, July 16 – August 27
7 – 8:30pm
Fee: \$140 for 7 weeks
Registration deadline Wednesday, July 9
Classes held at Amy’s home office.
Drop-ins welcome \$20.

Amy Erez has been a practitioner of A Course in Miracles for over twenty years. Much of her inspiration for workshops and the wisdom she offers in her private sessions comes from her understanding of this life-changing course. A Course in Miracles had a profound effect on Amy’s view of herself and the world by providing **practical** tools for spiritual transformation and understanding.

Amy is Director of Sugi Health and Fitness™ and the Sugi School of Health and Fitness – a California State Approved school of bodywork and massage, yoga, and personal fitness training. Amy is a Reiki Master and sees private clients for Reiki, Sugi Healing Arts, and Flower Essence consultations. She has been in private practice and teaching in the San Francisco Bay Area since 1984.



To register make check to **Sugi Health** and send with registration form to:
2096 Hoover Ave., Pleasant Hill, CA 94523

Name _____

Address _____ Zip Code _____

Phone (_____) _____ Email _____ ACIM July 2008